FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OWNERSHIP

Washington,	D.C.	20549

ANNUAL	STATEMENT	OF CHANGES	IN BENEFICIAL

OMB APPROVAL						
OMB Number:	3235-0362					
Estimated average burden						
hours per response:	1.0					

Form 3 Holdings Reported.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Form 4	1 Transactions	Reported.			on 30(ł	n) of the I	Ínves		mpany Ad		0						
l .	nd Address o zka Scott	f Reporting Person*				(Che	5. Relationship of Repo (Check all applicable) X Director			son(s) to Is							
(Last) PO BOX	,	First)	(Middle)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2022					Officer below)	(give title	e	Other below)	specify			
(Street) RAPID (57709 (Zip)						Line	6. Individual or Joint/Group Filing (Line) X Form filed by One Repor Form filed by More than (Person			orting Perso	n			
	`	·	ole I - Non-Deriv	vative Sec	curiti	es Acc	quire	ed, Dis	posed	of, or	Ben	eficially	y Owned	<u> </u>			
1. Title of Security (Instr. 3) 2. Transaction Date		2. Transaction Date (Month/Day/Year)	2A. Deemed 3. Transaction (f any Code (Instr.				osed Of	Securities Beneficially		Form: Direct I (D) or E		7. Nature of Indirect Beneficial					
				(Month/Day/	Year)	8)		Amount		(A) or (D)	Price		Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)			vnership str. 4)	
Common	Stock		12/31/2022			I		58.5	5831	Α	\$	60 ⁽¹⁾	2,382.3532 D)		
		-	Table II - Deriva										Owned				
			(e.g., ¡	puts, calls	s, wa	rrants,	, opi	tions,	convert	ible s	ecur	ities)					

Explanation of Responses:

- 1. Shares acquired through the Company's Dividend Reinvestment Plan.
- 2. 1 for 1 conversion ratio
- 3. Derivative security is exercisable upon retirement under terms of the agreement.
- 4. Derivative security expires upon retirement under terms of the agreement.

12/31/2022

Remarks:

Phantom

Stock Unit

/s/Lorna J. Gunderman

Expiration Date

Title

Common

Stock

Date Exercisable

(3)

(D)

02/01/2023

2,027.8126

By Trust

** Signature of Reporting Person

of Shares

65.6548

\$0⁽¹⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

(A)

65.6548